



## NAEYAM NERAM

A publication by NAEYAM - Nidhi Alumni for Education of Youth and Advancement of Mankind  
http://www.naeyam.org

### ACTIVE YOUNG GENERATION

We, the alumni of Nidhi, came together two years ago and started NAEYAM with an objective of supporting the education of youth and advancement of mankind. We started off just with a faith in ourselves. We stood up on that faith and became strong and our activities in the school and to the society garnered great support from all quarters.

It's a matter of great amazement and booster for us that the inspiring values in our activities has placed Trust in NAEYAM (for these) for some youngsters to join us. We have now been able to form a Youth Team for NAEYAM from among the students who graduated from the school last year.

A group becomes a team only when the members of the team too contribute by appreciating the efforts of other members. The efforts of this young generation need to be appreciated in its right sense and opportunity given to them to prove their competency in the arena.

NAEYAM moving ahead with more youngsters gives courage and confidence. We may talk and reason all our lives, but we shall not understand a word of truth until we experience it ourselves. This young team has come forward to experience for themselves the satisfaction they could attain by joining their hands with NAEYAM. With such motivated and dynamic young people, our nation could bring in landslide changes if the victory of common man continues in the same manner as it started.

NAEYAM welcomes whole heartedly all the new entrants of this year. With your presence we gain more energy to make many more bold and better decisions.

By NAEYAM Neram Editorial Crew

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#### நேயம்

- ந.நஸ்ரின்

- (IX "C" - AJSNHSS)

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தாயம்

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வெங்காயம் வெட்டும்போது வருவது  
கண்ணீர்

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கண்ணீர்

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சாலையில் ஓடுவது வாகனம்  
பள்ளியில் உதவுவது நேயம்

## NP015 – CAREER PLACEMENT ASSISTANCE – ZOHO University

NAEYAM continued its Career Placement Programme in tie-up with Zoho University for the 2nd year. All the +2 students actively participated in the Preliminary Test conducted by Zoho and from the six students shortlisted for the Final Interview, Anand and Pooja were selected by Zoho for training with Zoho. During the training period, they will be given a stipend of Rs.8,000 and after one year's successful training, they will be offered a Job in Zoho Corporation.

Keerthana who was selected for the Training Programme from the School last year is going to complete the one year Training Programme now in Zoho Corporation. She is seen here addressing the students of +2 Batch in the School on the great opportunity open for them by taking up the Training Programme with Zoho.



## NAEYAM ACCOLADED WITH NATIONAL RECOGNITION

NAEYAM got a heartwarming gesture from Ramakrishna Mission, New Delhi. It could get national recognition when the name of NAEYAM was uttered with pride at the country's capital by Kiran Sasidharan, our Trustee, when she was invited to deliver a lecture on 'Harnessing the Powers of Mind through Service' in the State Level Youth Convention 'Awakening the Youth Power' conducted by Ramakrishna Mission, New Delhi on the 18th, 19th & 20th of October in connection with Swami Vivekananda's 150th Birth Anniversary Celebrations. Dr.Kiran Bedi, Sardar Bishen Singh Bedi, Dr.S.K.Kashyap etc. are some of the well-known other dignitaries who participated in this convention. Kiran Sasidharan's enticing session at this convention gave NAEYAM a glorious moment of pride and honour and a lot of youth who participated in the convention got motivated and inspired by her speech and service to the humanity.



*During the 9th Anniversary Celebrations of Ennangalin Sangamam held at Ramakrishna Mission, Chennai on the 15th of December '13, NAEYAM was also one of the NGOs honoured by Ennangalin Sangamam. Saranraj and Balasubramani from the Youth Wing of NAEYAM (Nidhi Alumni of 2012-13 Batch) receiving the Award from Mr.J.Prabhakar, the Founder of Ennangalin Sangamam in which more than 800 NGOs from all over Tamil Nadu are associated.*

## **THOUGHTS MAKE DEEDS... DEEDS MAKE CHARACTER... CHARACTER MAKES ENVIRONMENT**

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Initiated by a group of strong willed students of 1986 & 1988 batch of A.J.S. Nidhi Hr.Sec.School Alandur, NAEYAM trust is a 2 year old toddler by March 2014. The vigour and dedication of our trust members was well seen on the very first day of the registration of the Trust, when they initiated their services on the same day with a project 'HEALTHY MIND AND BODY' for school students reflected the prime focus – Education of Youth with a healthy mind. The happiness in the face of the young buds who participated in the programme boosted the confidence of NAEYAMites.

NAEYAM proudly marched forward with a prestigious project "Restroom for Girls" which was a great necessity in the school. We felicitated our old teachers who taught us 25 years back on the Rest Room Inauguration Day. It not only brought immense satisfaction to NAEYAMites but was also an emotional and memorable day for the teachers to express their pride and joy to see their students with such commitment and gratitude. It was a day to be marked in the history of the school that also helped us gain respect and cheers from many. The teachers applauded it as an unbelievable opportunity in their life time.

The ID FEST 2012 conducted by NAEYAM witnessed one of the best Independence Day Celebrations in the history of the school.

Lot of other welfare activities like Eye Camp along with free distribution of spectacles to students, free exam oriented coaching for X and XII Students etc. were also conducted. This coaching was greatly appreciated by the Management of the School as it raised the pass percentage of the school considerably.

NAEYAM didn't stop there. It also went forward in tie-up with Zoho University to design a dream career for students who are unable to take up Professional Courses due to financial problems in the family. Zoho selects best students based on aptitude tests and gives them placement with training. Even without a professional degree, Zoho gives them training to perform professional tasks with a stipend and offers them a career with dignity and pride. This has been done in the school for the last two years continuously and till now, 4 students in the school have been selected by Zoho University.

Independence Day during 2013 was also celebrated with a different experience offering students an opportunity to perform innovative experiments in the Science Exhibition conducted by NAEYAM. While the year 2012 brought out the historic talents of the students, year 2013 paved way for their scientific talents.

Year by Year, NAEYAM would like to spread its wings to serve the young community and mankind in all possible ways. NAEYAM's activities also instilled confidence in the school students and some of the students like Saranraj, Balasubramani, Balaji etc. who passed out from the school in 2013 have now joined hands with NAEYAM forming a Youth Team of NAEYAM. They along with some of their other classmates are now actively involved in NAEYAM activities to be of service to the school and to the society.

Hats off to the Youth Team of NAEYAM ... May this Year open new avenues for NAEYAM and motivate more youngsters to become responsible citizens making our nation glitter in the coming years.

To have tighter focus for the year 2014, it was decided to pick selective focus points from the overall focus areas of NAEYAM

### **FOCUS AREAS FOR NAEYAM IN 2014**

1. Academics
2. Infrastructure
3. Career
4. Extra-curricular
5. Social Awareness and

## 6. Health

NAEYAM will conduct one project in each focus areas listed above and the projects will be mainly in AJS Nidhi HSS. Few projects will also be done outside the school based on the need. It shall be discussed as and when a project is identified or proposed. NAEYAMites should try to be present as volunteers during execution of the projects.

- Knowledge Improvement classes can be facilitated for students in 6<sup>th</sup> to 9<sup>th</sup> and 11<sup>th</sup> standard under Academics.
- A meeting to be held with HM and school authorities to find out any infrastructure needs for the school and address the needs accordingly based on the budget.
- NAEYAM shall continue to coordinate with ZOHO for 2014 selection and help students to get an opportunity for work.
- Traditional Games could be conducted in the School during Sports Day or during a suitable opportunity as part of extra-curricular focus area.
- A Cleanliness drive has to be undertaken in school to clean up the entire premises and teach students the importance of cleanliness and related health hazards.

## **Volunteers Section**

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### **LIFE OF A GOAN FISHERMAN**

- **Shared by S.Meena (NAEYAMITE)**

**A boat docked in a tiny Goan village.  
A tourist from Mumbai complimented  
The Goan fisherman on the Quality of his fish  
And asked how long it took him to catch them.  
"Not very long," answered the fisherman.  
"But then, why didn't you stay out  
Longer and catch more?" asked the Mumbaite.  
The Goan fisherman explained  
That his small catch was sufficient  
To meet his needs and those of his family.  
The Mumbaite asked,  
"But what do you do with the rest of your time?"  
"I sleep late, fish a little, play with my children,  
And take a siesta with my wife. In the evenings,  
I go into the village to see my friends,  
Play guitar, sing a few songs... I have a full life."  
The Mumbaite interrupted,  
"I have an MBA from IIM-A, and I can help you!  
You should start by fishing longer every day.  
You can then sell the extra Fish you catch.  
With the extra revenue, you can buy a bigger boat."  
"And after that?" asked the Goan.  
"With the extra money the larger boat will bring,  
You can buy a second one and a third one and  
So on until you have an entire fleet of trawlers.  
Instead of selling your fish to a middle man,  
You can then negotiate directly with the processing**

Plants and maybe even open your own plant.  
 You Can then leave this little village  
 And move to Panjim, or even Mumbai.  
 From there you can direct your huge new enterprise."  
 "How long would that take?" asked the Goan.  
 "Twenty, perhaps twenty-five years," replied the Mumbaite.  
 "And after that?"  
 "Afterwards? Well my Friend,  
 That's when it gets really interesting," Chuckled the Mumbaite,  
 "When your business gets really big, you can start  
 Selling stocks and make millions!"  
 "Millions? Really? And after that?" asked the Goan.  
 "After that you'll be able to retire,  
 Live in a tiny village near the coast, sleep late,  
 Play with your children, catch a few fish,  
 Take a siesta with your wife and spend your  
 Evenings doing what you like with your buddies."  
 "With all due respect sir, but that's exactly what I am doing now.  
 So what's the point wasting 25 years?" asked the Goan.

**And the moral of the story is?**  
 Know where you're going in life.  
 You may already be there.  
 Life in the present world  
 Is indeed a rat race.  
 Many who have qualifications from  
 Reputed universities too do not know  
 Where they are Going in life.  
 Give it a serious thought,  
 And please don't forget to take  
 Charge of your family & health  
 Before you take charge of your money...

Think on it...

பண்பலை வரிசையில் முதல் அனுபவம்!!!!

- ரமா மலர் (NAEYAMITE).

1982 ம் ஆண்டு, நமது பள்ளியில் ஏழாவது படிக்கையில் என் ஆங்கில ஆசிரியர், திரு. நடராஜன் அவர்கள் சொன்ன அந்த ஒரு வார்த்தை..... 31 ஆண்டுகளுக்கு பிறகு எனக்கு இப்படி ஒரு சிறப்பை தேடித் தரும் என நிச்சயம் அப்போது நான் நினைக்கவில்லை. செய்தி வாசிப்பாளர் திருமதி. ஷோபனா ரவி மிகவும் பிரபலமாய் இருந்த கால கட்டம் அது. ஒரு நாள் வகுப்பில், ஆங்கில பாடத்தை, உரத்த குரலில் படித்து காண்பிக்க சொன்னபோது...ஏற்ற இறக்கத்தோடு படித்தேன் போலிருக்கிறது, "நீ ஷோபனா ரவி மாதிரி நியூஸ் வாசிக்க போலாம்" என பாராட்ட...என் குரலுக்கு கிடைத்த முதல் பாராட்டு... நமது பள்ளி மூலம்..சென்னை வானொலியில் 'மலரும் மொட்டும்' என்னும் சிறுவர்கள் நிகழ்ச்சி பங்கு பெறும் வாய்ப்பும் கிடைக்க...'உன் குரல் கிளி மாதிரி இருக்கு...' 'நீ பாட்டு பாடுவியா'.....எவ்ளோ ஸ்வீட்டா பேசற...' என அதன் பின்...பல பாராட்டுக்கள், ஆசையை கிளறியபோதும் உருப்படியாக ஒன்றும் செய்யாமல்தான் வருடங்கள் ஓடிக்கொண்டிருந்தது.

ஆனால், ஏனோ அதிர்ஷ்டவசமாக, 2009 க்கு பிறகு கடந்த நான்கு வருடங்களாக...என்னை நானே மெருகேற்றிக்கொள்ளும் எந்த வாய்ப்பையும் விடுவதில்லை. என்றாலும், ரேடியோ மட்டும் ஒரு கனவாகவே இருந்து வந்தது. 2013, நவம்பர் மாதம், அமீரகத்தின் (U.A.E) ஒரே தமிழ் பண்பலை வரிசை(F.M.), RADIO HELLO 89.5 ல், 'ஒரு நாள் R.J. (RADIO JOCKEY) ஆக ஒரு போட்டியினை நடத்த அழைப்பு விட....குபீரென்று...வில்லிலிருந்து புறப்பட்ட அம்பு போல் புறப்பட்டேன். ஒரு நிமிட பேச்சு...பின்...இரண்டு நிமிட பேச்சு...என இரு கட்ட தேர்வு முடிந்து...முன்றாவது நிலையில்...முதல் 5 பேரில் ஒருத்தியாக தேர்ந்தெடுக்கப்பட்டதும்...அளவற்ற ஆனந்தம். அதன் பின் ஒரு வாரம் தேர்தல் நேரம்...ஆமாம்...நாங்கள் ஐவரும்...தினமும் ஒரு நிமிடம் பேசி எல்லோரிடமும் எங்களுக்கு ஒட்டளிக்க வேண்டினோம். சிரமேற்கொண்டு அதற்காக நான் பேச்சு தயாரித்ததும்.....என் குரலை ரேடியோவில் கேட்ட தருணங்களும்.... நடுவில் ஒரு நாள், மூக்கடைத்துக்கொண்டு.....'உங்களுக்கு...breath control..... சரியில்லையே! என குட்டு வாங்கியதும் புதிய அனுபவம். நண்பர்களும்...நண்பர்களின் நண்பர்களும்.....தெரிந்தவர்கள்... அவர்களுக்கு தெரிந்தவர்கள் .....என FACE BOOK மற்றும் S.M.S. மூலமாக என சரமாரியாக ஒட்டுகள் குவிய.... Phone லும் WHATS APP. லும் பாராட்டுக்களால் நான் திணற...ஏழாம் நாள் இறுதியில்... ஐவரில் ஒருவர்..அதிக ஒட்டுக்களாலும் அவரின் அனுபவத்தாலும் தேர்ந்தெடுக்கப்பட்டுவிட.....மீதம் நால்வரை, நீக்கு முறையில் (elimination round) அன்று மாலை ரேடியோ நிகழ்ச்சியிலேயே...ஒவ்வொருவராக நீக்கினர். பதைபதைப்பிலும்...அந்த அறையின் குளிரிலும்...ஆர்வமும் எதிர்பார்ப்புமாக...நான்...பதிலளித்து 'விழியில் விழுந்து ...இதயம் நுழைந்து...' என்ற பாடலையும் பாடி, மற்ற நால்வரின் வாழ்த்துக்களோடும் பாராட்டுக்களோடும் தேர்ந்தெடுக்கப்பட்டு அமீரகத்தின் சிறப்பு தினமான டிசம்பர் 2, 2013 அன்று முறையே காலையும் மாலையும் நிகழ்ச்சி தொகுத்து வழங்கும் வாய்ப்பினை பெற்றோம்.

பதின் வயது கனவை நனவாக்க விரும்பியது என் நெஞ்சே!

முயற்சிப்போமே... என அணுகினேன் RADIO HELLOவை என் திறமை தெரிஞ்சே!

எனதருமை உறவும் நட்பும் ஊக்குவித்தனர் என் வேட்கை புரிஞ்சே!

F.B.யிலும், S.M.S.லும் குவிந்த ஒட்டுக்களோ, போட்டன எனக்கு J.J.!

நானும் ஆகிவிட்டேன்....89.5 F.M.ல் 'ஒரு நாள் R.J. !!!

இன்றளவும் எல்லோரின் பாராட்டையும் பெற்ற ஒரு இனிய நிகழ்வாக அது அமைந்தது. உண்மையான பாராட்டுக்களும், ஊக்குவிப்பும் நம்மை உயர்ந்த நிலைக்கு கொண்டு சேர்க்கும் என எண்ணி வியந்து மகிழ்ந்த தருணங்கள் அவை!!!

### **KNOW YOUR FRIEND (KYF) - Kiran Sasidharan**



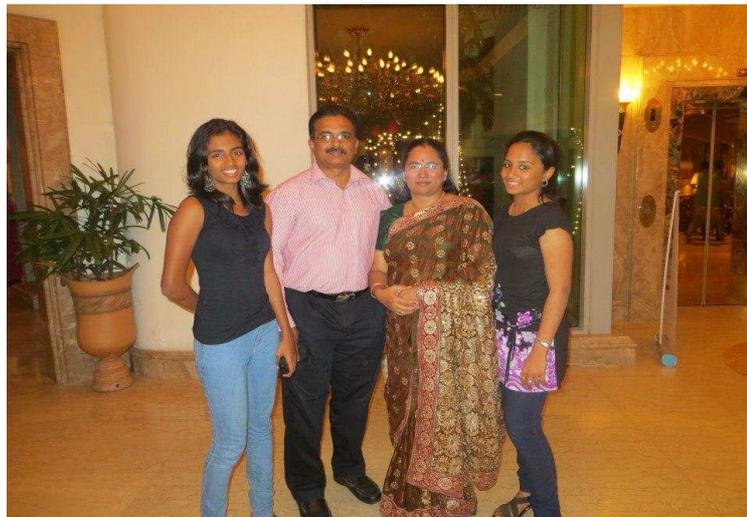
KIRAN was known for her academic excellence throughout her school days and was very popular with all the students, teachers, the Headmaster and all the other staff in the school. Not only was she excellent in her studies, but also she had proficiency in extracurricular activities and we as her school mates remember watching her both with envy & pride when she used to get 10 to 15 prizes in a year during the School Annual Day Celebrations. In spite of all her achievements, she was humble and kind and her ever smiling face gained her more friends in the School.

After completing her Engineering Degree and Post-Graduation in Management, she had a successful career and went up to the level of Deputy General Manager with a Multi-National Software Organization. Even when she gave up her distinguished career of 15 years to support the education of her children 5 years back, her dynamic nature did not allow her to keep quiet and very soon, she along with her friends were instrumental in starting NAEYAM, a Non-profit service organization to get back with something worthy for the school where they studied along with her friends. When her dearest friend Rama started a group of our classmates in FB, all of us were searching for Kiran and her entry into the Group was celebrated with rejoice by everyone in the group.

Her scintillating speeches and tempting activities to be of help to the needy students continued to inspire the younger generation as well. Her swiftness and captivating ability to get things done is her success formula of making things move in the right direction and that makes her a complete and perfect Kiran. In spite of being dynamic and enthusiastic, she is very co-operative and listens to everyone's views with attention and utmost care. Her respect for others' views could be seen in each and every one of the projects which NAEYAM executed in the last two years.

Within a very short span, she could take NAEYAM to National Recognition and her collaborating NAEYAM with Ennangalin Sangamam – a network of more than 800 NGOs all over the State made her move ahead to spread inspiring news among the people motivating them to do noble things.

She also authored a Book `Be Inspired' which was released in December '13 during the Anniversary Celebrations by Ennangalin Sangamam. This book contains Inspiring Real Life Stories of Unknown Personalities who have been doing activities for the welfare of the society amidst their sufferings and limitations. Before publishing this Book, Kiran has been telephoning and interviewing each of these personalities to get their experiences and releases it in a page in Facebook every week.



It might take a complete book to write on Kiran's march towards the welfare of the society. She spends her leisure time after completing her household chores not in watching television, but to find out ways to serve the needy in the society. Apart from this, she also finds time to support the education of her dearest children Anjana, now in the 2<sup>nd</sup> B.Tech and Athira in +1 and also never forgets to have a walk everyday with her dearest puppies.

Kiran could be able to devote her time successfully to public service and a greater part of the credit for this has to definitely go to her dearest loving Husband Sasidharan for the encouragement, motivation and support he has been giving her in this direction.

**By : Gokulakrishnan**